

YOUNG ATHLETE'S TREATMENT TRACK

Paradigm Malibu provides specialized treatment for young athletes struggling with addiction, mental health and behavioral health issues. Some of the special features offered by our program include:

- 1 on 1 work with a Sports Psychologist
- Collaboration with Coaches and Recruiters
- Fitness and Strength Training
- Sport Specific Nutrition
- Ability to Practice Sport of Choice

- Performance Enhancement Drug Education
- Pain and Medication Management
- Educational Support and Tutoring
- FLOW for Performance Enhancement
- Mentoring by Olympic and Professional Athletes

Call or visit our website to learn more about how we are shifting the paradigm of adolescent treatment.

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paradigmmalibu.com