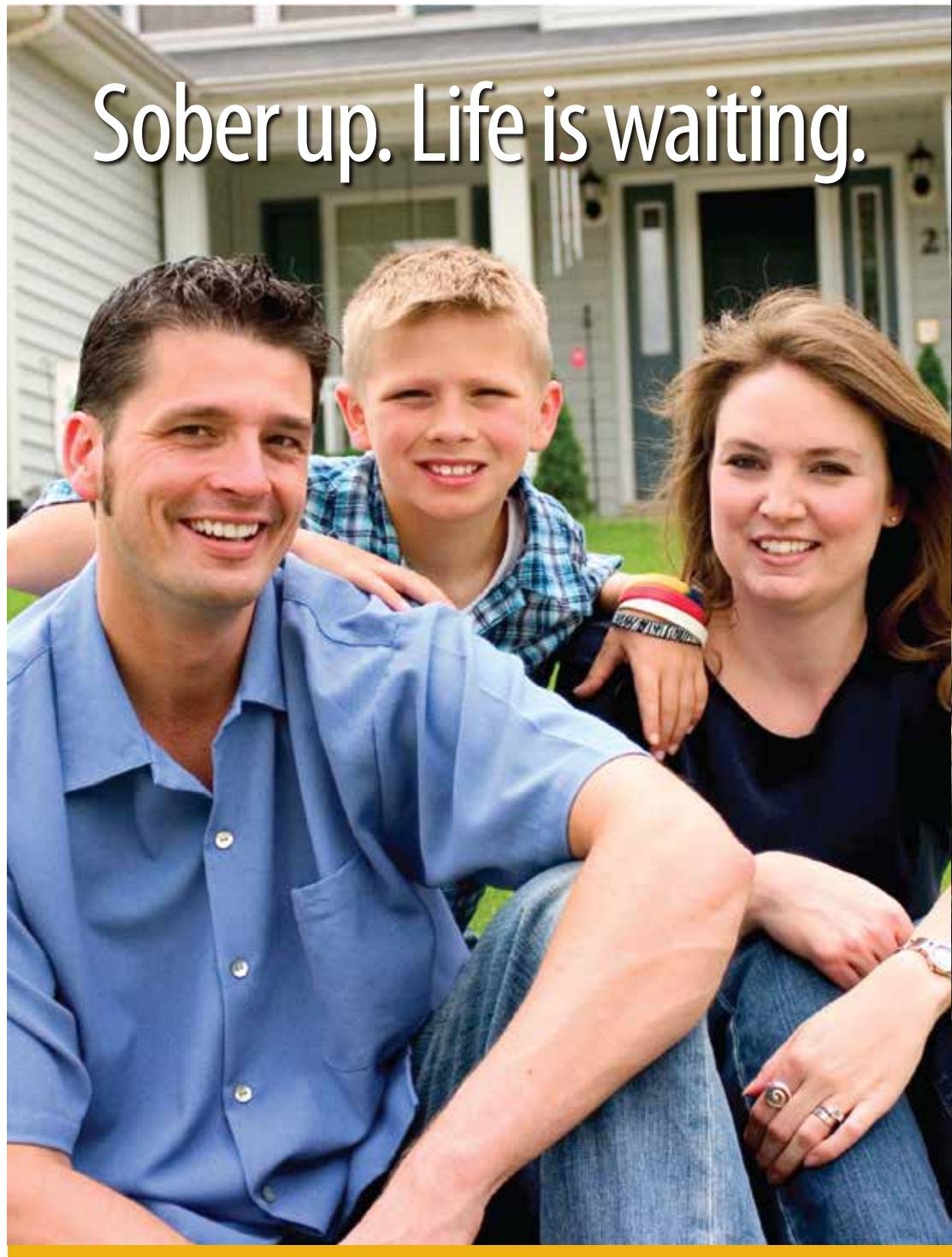


RIGHTSTEP

LIVE LIFE SOBER

A Family Member of Elements Behavioral Health

Sober up. Life is waiting.



RIGHTSTEP
LIVE LIFE SOBER
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Houston, Texas

A Treatment Company that Stands Above the Rest.

We are the largest alcohol and drug abuse treatment company in the southwest, with locations throughout Texas. But we are not only the biggest... we are also one of the best: accredited by The Joint Commission, the highest authority in healthcare. We are also among the most experienced, creating success stories since 1990.

Simply stated, we are the right choice. We are the Right Step. Welcome.

Client Satisfaction Exceeds 96%.

We know what works and what doesn't. Our professionals combine real-world experience, licensed expertise, and Twelve-Step principles. Highlights of our treatment approach include:

- Customized, individual treatment plans tailored to each individual
- Family involvement during and after treatment
- Private counseling, group therapy, and gender-specific programming
- Art therapy, nutrition education, and recreational activities
- An alumni program to foster new, sober friendships

Ours is a recovery program that has stood the test of time and earned national recognition among clients, their families, and substance abuse professionals. Honest.

Customized Paths to Recovery.

Detoxification.

Our medically supervised detoxification program is a critical first step on the road to recovery and is supervised by a licensed medical and clinical team to ensure a safe and effective process.

Residential Inpatient (Adults and Adolescents).

With three campuses conveniently located in Texas' largest cities, there is a Right Step 30-day (or longer) inpatient treatment facility for virtually every need. A typical day at Right Step begins with meditation and a breakfast designed by our nutritionist and prepared by our chefs. Mid-morning activities include groups with counselors, life-skills trainings, and guest speakers, followed by a rejuvenating lunch. Afternoon activities continue with lectures (presented by counselors, doctors, nurses and guest professionals), and gender-specific groups led by the counseling staff. Sober outings to museums or parks, team sports, and swimming (at some locations) complete the afternoon. After dinner, residents attend a Twelve-Step meeting where they begin networking with sober peers who have maintained long-term sobriety. After the meeting, there is some free time before retiring for the day.

Intensive Outpatient.

This clinically proven, evidence-based program, which consists of nine to ten hours per week, allows clients to continue with work or other responsibilities. Treatment is supervised by licensed counselors and is available at many convenient locations through Texas.

Adolescent.

Our clinicians specialize in adolescent care. In our programs, available on an inpatient and outpatient basis, we encourage positive peer pressure and daily skill-building, reinforced by regular family involvement.

Recovery Maintenance.

Once treatment is complete, we provide graduates with a free two-year Recovery Maintenance Program—weekly counselor-led support groups that are the front line of relapse prevention.

Alumni Outreach.

Living life sober can be fun! Through service work, education, and social events, club members connect with the recovery community which helps maintain healthy lifestyles.

Next Step (Sober Living for Men).

This transitional living program can accommodate stays of 90 days or longer. Located in our Dallas-Fort Worth facility, it is exclusively for men seeking to make further strides in their recovery after completing other programs.



Dallas-Fort Worth, Texas



San Antonio, Texas



The Woodlands, Texas



Austin, Texas

One Size Does Not Fit All.

Each Right Step residential property has a different feel, so clients can select the environment that best suits them. Homelike, clinical, rural—your choice. Close to home or want to get away for a while? Again, it's your choice.



Wimberley, Texas

Affordable? Insurance? Yes.

At Right Step, our philosophy is to provide affordable treatment to as many people as possible. We practice total pricing transparency and are among the very few treatment centers that share detailed rates. We work with most insurance companies and maintain preferred agreements with Aetna, Blue Cross-Blue Shield, Cigna, and United Healthcare.

Among the Nation's Top 7%.

Our treatment is accredited by The Joint Commission, the highest authority in health care. The Joint Commission only accredits seven percent of all behavioral health facilities nationwide. We are also a member of our industry's most prestigious professional associations. So you need not take our word for it. These trusted authorities confirm that Right Step is the first step to take on the path to recovery.



Treatment Throughout Texas.

Residential/Inpatient

Right Step Central

902 W. Alabama St.
Houston TX 77006
713. 528. 3709 ☎ *

Right Step DFW-Central

2219 W. Eules Blvd.
Eules, TX 76040
817.857.9112 ‡ ☎ *

Right Step Hill Country

440 Fischer Store Rd.
Wimberley, TX 78676
512.847.6179 ☎ *

Next Step

Sober Living, Adult Men
2219 W. Eules Blvd.
Eules, TX 76040
817.857.9120

Outpatient

Right Step Austin

512.899.8300 *

Right Step Baytown

281.422.3619 ‡ † *

Right Step Beaumont

409.892.2066 † *

Right Step Conroe

936.828.3908 *

Right Step Dallas

214.924.0932 *

Right Step Houston-Galleria

713.785.5800 ‡ *

Right Step Houston-North

281.895.9661 ‡ *

Right Step Houston-Northline

713.697.0776 † *

Right Step Houston-Northwest

281.861.4850 ‡ *

Right Step Houston-Southwest

281.207.2424 *

Right Step Houston-West

713.935.9990 ‡ *

Right Step Park Cities

214.234.2400 ‡ † *

Right Step Pasadena

281.998.2611 *

Right Step Plano

972.985.6100 ‡ *

Right Step San Antonio

210.541.8400 *

Right Step The Woodlands

281.465.4500 † *

- ‡ Adolescent treatment
- ☎ Inpatient detox
- † Outpatient detox
- * Intensive outpatient treatment

About Our Company.

Right Step is one of the "100 Fastest Growing Companies" and "Best Places to Work" headquartered in Houston, Texas. Chief Operating Officer George Joseph, LCDC, is a nationally recognized treatment authority who has appeared on the Dr. Oz Show and CNN. Medical Director Jason Powers, M.D. is a nationally recognized author of *When the Servant Becomes the Master*, with another book scheduled for release next year. Right Step is a family member of Elements Behavioral Health, one of the most prominent names in addiction treatment.



24 Hours Toll-free: 87.SOBRIETY (877.627.4389) • RightStep.com