

**As individual
as you are.**



THE TM
RANCH
AT
DOVE TREE



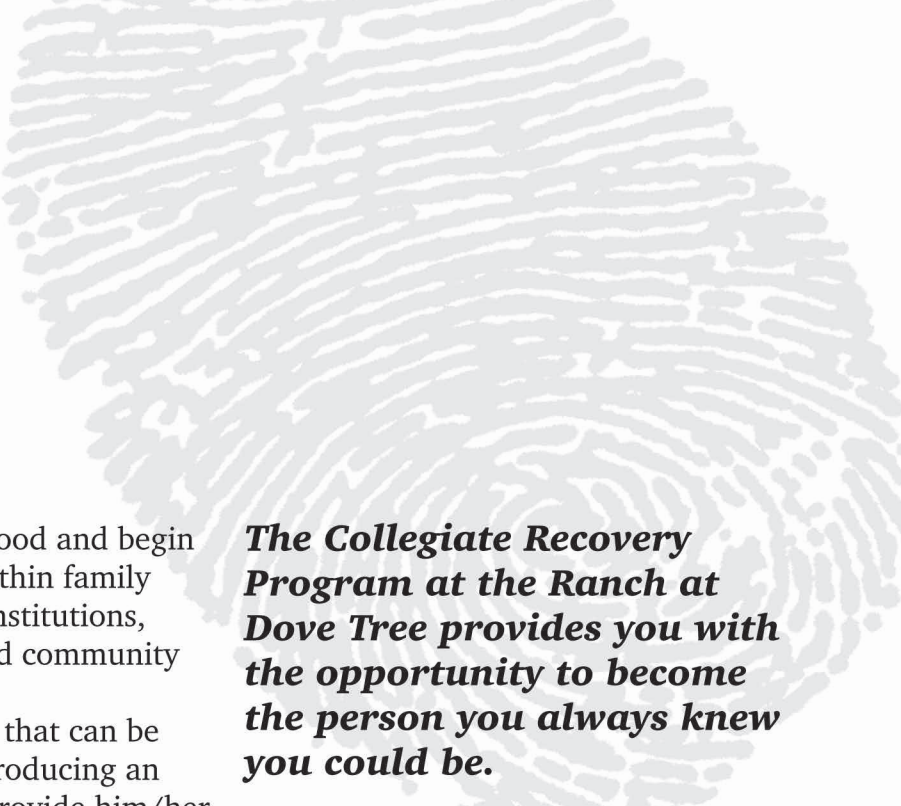
Sometimes you need black & white answers ...

When alcohol and drug use gets out of control, there are places you can turn for help. The Collegiate Recovery Program at the Ranch at Dove Tree is one of those places. Specifically designed with the needs of young adults in mind, the Collegiate Recovery Program can help you and your family begin to achieve the dreams and goals that only recovery can offer.

We understand that you are an individual and that the help we provide should be tailored to your individual circumstances. That's why we take the time to get to know who you are and

what you need. The Collegiate Recovery Program uses a combination of individual and group therapy, career and education planning, life skills training, 12-Step recovery groups and recreation to put you on a path to wellness.

Our 45-day residential program integrates three primary ideas that are important in building the capacity for long-term recovery in young adults with addictive disorders. These ideas build on one another and empower you to apply the principles of recovery in your life. These principles become increasingly important as you continue



your journey into adulthood and begin to negotiate your role within family structures, educational institutions, employment settings, and community relationships.

■ Addiction is a disease that can be effectively treated by introducing an individual to tools that provide him/her access to new individual and social support resources.

■ Long-term recovery is not possible without incorporating basic wellness practices into all areas of life.

■ Positive identity development results from self-awareness and from the creation of values, boundaries, and goals.

The Collegiate Recovery Program at the Ranch at Dove Tree provides you with the opportunity to become the person you always knew you could be.

Our experience and collaboration with Texas Tech University's Center for the Study of Addiction and Recovery means that you will always get the best and most current help to overcome the difficulties that alcohol and other drugs have caused in your life. We are committed to preparing you and your family for a lifetime of recovery. Recovery works!

The experience. The setting. The will to help.

The Ranch at Dove Tree offers quality collegiate treatment programs including:

- Detoxification
- Residential
- Partial Hospitalization
- Intensive Outpatient
- Transitional Living

The Ranch at Dove Tree remains committed to providing affordable treatment.

- Most private insurance plans are honored.
- Discounts are available for cash payments.

The Ranch at Dove Tree is licensed by the Texas Department of State Health Services.

In collaboration with the
Center for the Study of Addiction and Recovery
at Texas Tech University



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