

The Ranch at Dove Tree's

# RECOVERY RESILIENCY THROUGH TRANSITIONAL LIVING

for young men & women



**TreeHaven**

— FOR WOMEN —

**TREEHOUSE**

— FOR MEN —

THE RANCH AT DOVE TREE IN COLLABORATION WITH TEXAS TECH'S CENTER FOR THE STUDY OF ADDICTION & RECOVERY

RanchAtDoveTree.com // 800.218.6727

# RECOVERY RESILIENCY IN ACTION

The Ranch at Dove Tree provides transitional living homes for emerging adults transitioning from any residential treatment program. A place for residents to feel safe while living with accountability, independence, and discipline in an environment where they have 24 hour on-site therapeutic support from a team of gifted and caring people!

With a 90-day commitment, our gender-specific transitional living programs help transition young men and women back into society as responsible young adults.

Developmental programming at TreeHouse and TreeHaven is divided into three phases to help residents apply practical application to their new healthy coping skills all while having both therapeutic and social peer support. While working on goals outlined in their individualized Recovery Resiliency and Aftercare Plan, residents receive inspiration and encouragement and participate in service work, employment, or school leading to new opportunities for the future.

## PROGRAM HIGHLIGHTS

WEEKLY IOP PARTICIPATION

MEDICATION MANAGEMENT

24-HR TREATMENT TEAM SUPPORT

PEER SUPPORT GROUP THERAPY

INDIVIDUAL COUNSELING

LIFE SKILLS EDUCATION

DAILY 12-STEP MEETINGS

ALUMNI SUPPORT MEETINGS

ACADEMIC/COLLEGE SUPPORT

RESUME & JOB PLACEMENT HELP

WELLNESS PROGRAM FOR WOMEN

MEN'S OUTDOOR ADVENTURE PROGRAM

RANDOM DRUG TESTING

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